WHAT TO DO

1. Divide students into teams of 4-7 players.
2. The defenders spread out across the halfway line. All other teams are attackers and line up with a ball behind the end line.
3. The first attacking team performs a tap re-start (or lineout throw) on the end line and maintains possession of the ball for 30 seconds.
4. If an attacker gets tagged by a defender or drops the ball, call "Tag, turn and pass!" or "Pass!"
5. After 30 seconds, or if a try is scored, the attacking team rotates to become the defending team.
6. Teams score the following points:
   - 1 point = attacking team advances the ball to the try line in 30 seconds, but no try is scored.
   - 3 points = defending team prevents attacking team score a try.
   - 5 points = attacking team scores a try.

TEACHING TIPS

• Remind all students to keep their heads up to watch for other players.
• Remind attackers about finding space and communicating to team mates; and defenders about positioning head to the side when making a tag.
• Waiting teams practice passing the ball up and down their line.
• After three rounds, teams tally their points to determine the winner.

VARIATIONS

• Attacking teams must pass the ball to each player on the team before a try is scored;
• Attackers must be tagged twice by two different defenders before they turn and pass.
• Once a defender has tagged a player they kneel down and make no other tags.
• Decrease the number of defenders to provide more opportunities for the attackers to score a try.

QUESTIONS FOR UNDERSTANDING

• How could attackers create space to avoid being tagged by the defenders?
• How can defenders use teamwork to make it hard for attackers to get past them?
• Why is talking to your team (tactics or encouragement) important?

FAIR PLAY OPPORTUNITIES

• In mixed gender classes, ensure that teams have passed the ball to girls and boys before attempting to score a try.
• Encourage teams to celebrate tries, but also discuss how to celebrate graciously i.e. without ‘rubbing it in’ to the opposition.

AUSTRALIAN CURRICULUM LINKS

LEARNING AREA: Health and Physical Education
STRAND: Movement and physical activity
SUB-STRAND: Moving our body, Learning through movement
FOCUS AREAS: Active play and minor games, Fundamental movement skills