ONE AT A TIME STUDENT “ATTACKERS” WITH A RUGBY BALL ENTER THE PLAYING AREA AND QUICKLY CHOOSE ONE OF TWO TRY LINES TO RUN OVER BEFORE BEING TAGGED BY A STUDENT “DEFENDER”. STUDENTS CHANGE ROLES FREQUENTLY. PLAY IN GROUPS OF 8–12

**SKILLS FOCUS**

**EVASION**

**TAG DEFENCE**

**WHAT TO DO**

1. Organise players into two groups at diagonal points of the playing area.
2. Attackers line up behind a marker with a ball each.
3. One attacker at a time runs out between the 'tunnel' markers, then makes a decision to run towards try line “A” or “B”.
4. A defender can only enter the playing area once an attacker has entered.
5. Attackers try to score a point by running over a try line “A” or “B” before being tagged by a defender.
6. An attacker and defender must quickly move out of the game as soon as the attacker is either tagged or runs over the selected line.
7. Swap roles when all attackers have had a turn

**TEACHING TIPS**

- Look for role models who push hard off the foot to step and evade a defender.
- Remind defenders to keep their head to the side as they tag attackers.

**QUESTIONS FOR UNDERSTANDING**

- What body actions can you perform to confuse a defender, create space and get around the defender?
- How can you safely score a try over the try line?

**VARIATIONS**

- Enforce a time limit to speed things up e.g. 10 seconds to score!
- Increase the size of the playing area and get two attackers to go at a time.
- Another attacking student passes the ball to the attacker who then runs into the playing area.
- Attackers place the ball on the ground after running over the try line

**FAIR PLAY OPPORTUNITIES**

- Award 5 points to every student who carries the ball over the try line even after they are tagged by a defender.
- Acknowledge encouraging words used by all students

**AUSTRALIAN CURRICULUM LINKS**

**LEARNING AREA:** Health and Physical Education

**STRAND:** Movement and physical activity

**SUB-STRAND:** Moving our body, Learning through movement

**FOCUS AREAS:** Active play and minor games, Fundamental movement skills