**WHAT TO DO**

1. Divide students into two teams standing face to face or side to side in two single file lines midway across the grid.
2. Designate one team as the “Wallabies” and the other team as the “Wallaroos.”
3. Remind students that these are the names of the Australian men’s and women’s national Rugby teams.
4. Tell the teams that where they are standing is the start line. The lines at either end of the grid are their safety lines.
5. Explain that when you call “Wallabies” the Wallabies must chase the Wallaroos.
6. The Wallaroos must try to reach their safety line without being tagged.
7. When you call “Wallaroos”, the Wallaroos must chase the Wallabies towards their safety line.
8. After each go, the teams both return to the start line. If a player was tagged, the team that caught them gets a point. Points can be accumulated throughout the game.
9. The game continues as you call out team names in random order.

**TEACHING TIPS**

- Remind students to keep heads safely to the side of the student they are tagging.
- Tags should be on students’ waists or below.
- React quickly to the call by accelerating forward to your home line.

**QUESTIONS FOR UNDERSTANDING**

- Why is reaction time important in Rugby and other sports?
- How can you make sure you’re as prepared as possible to react quickly?

**VARIATIONS**

- Introduce a ball with Wallabies and Wallaroos passing to each other. When the teacher says “Go!” the player with the ball tries to run to their safety line without being tagged.
- Change the distance between the start and safety lines.

**FAIR PLAY OPPORTUNITIES**

- Applaud students who identify the rules and play fairly.
- Encourage positive encouraging words between teams.

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**EQUIPMENT AND SET UP**

1. 6 marker cones
2. 20m x 20m or 30m x 30m grid

**AUSTRALIAN CURRICULUM LINKS**

- **LEARNING AREA:** Health and Physical Education
- **STRAND:** Movement and physical activity
- **SUB-STRAND:** Moving our body, Learning through movement
- **FOCUS AREAS:** Active play and minor games, Fundamental movement skills

**5-10 MINS**