

# CONCUSSION MANAGEMENT

## ON THE DAY OF THE INJURY

### RECOGNISE – Player Concussion Signs & Symptoms

Medical/first aid attendant in conjunction with Match Official

### REMOVE – Player from field of play/training

Match Official &/or Medical attendant

### RECORD – Player concussion

Team Officials Complete Referral and Return Form – Section 1 Referral & Return Form and Head Injury Fact sheet given to player/parent.

### REFER – Player for medical assessment

Medical Doctor assessment. Confirmation of concussion and if further investigation required. Advice & guidance on their progress over the remaining steps in the process. Completion of section 2 of Referral and Return form.

## ON THE DAYS FOLLOWING THE INJURY

### REST – Commence GRTP stage 1

Complete rest followed by relative rest of the brain and body.

### RECOVER – GRTP stages 2-4

The focus in the recovery phase is about getting back to normal life, school, study or work.

### RECORD & RETURN TO CONTACT TRAINING – GRTP stage 5

A player requires a further assessment and clearance by a medical doctor prior to returning contact training. Completion of section 3 of Referral & Return form.

### RETURN – TO PLAY – GRTP stage 6

A Player can only return to play when they have fully recovered from concussion.

## CASE REVIEW

Medical doctor submits Alternative Diagnosis Referral form where the doctor identifies an ALTERNATIVE DIAGNOSIS to explain the players signs and symptoms. Comp manager decision to uphold or overturn the concussion decision. REPORTING ERROR – Where there is no evidence to suggest the player suffered a concussion the case is updated to 'not confirmed' and the player may return to contact training and match play.