

Junior Age Grade/Senior Rugby Guidelines Table

Age Turning in Calendar Year	Eligible Age Grades		With Age Dispensation 1 Age Group Down	With Age Dispensation 1 Age Group Up
6 [^]	U6	U7	N/A	N/A
7	U7	N/A	N/A	N/A
8	U8	U9	U7	U10
9	U9	U10	U8	U11
10	U10	U11	U9	U12
11	U11	U12	U10	U13
12	U12	U13	U11	U14
13	U13	U14	U12	U15
14	U14	U15	U13	U16
15	U15	U16	U14	U17
16	U16	U17	U15	U18
17	U17	U18	U16	Senior Rugby#
18	U18	Senior Rugby*	U17	N/A
19	Senior Rugby		U18	N/A
20	Senior Rugby		N/A	N/A

[^] This includes all players who have turned 5 regardless of year of birth

* Senior Rugby Dispensation with parental / guardian consent (prior to a player turning 18 years of age)

Senior Rugby with a Senior Rugby Dispensation

N/A Not Applicable